



DEPARTMENT OF BUSINESS AND AUXILIARY SERVICES

**SUSTAINABLE FOOD CHOICES ON CAMPUS**  
Menus Offered by the University Catering Services

**BREAKFAST (PACKED)**

**GOOD FOR 100PHP**

1. TAPA w/ rice, fruit, & coffee
2. HOTDOG w/ rice, fruit, & coffee
3. CHICKEN LONGGANISA w/ rice, fruit, & coffee
4. TOCINO w/ rice, fruit, & coffee
5. SPAM w/ rice, fruit, & coffee
6. MALING w/ rice, fruit, & coffee
7. HAM or BACON w/ rice, fruit, & coffee
8. CORNBEEF w/ rice, fruit, & coffee
9. TORTA w/ rice, fruit, & coffee
10. DAING BANGUS w/ rice, fruit, & coffee

**GOOD FOR 150PHP**

1. TAPSILOG w/ dried fish
2. HOTSILOG w/ dried fish
3. LONGSILOG w/ dried fish
4. TOCILOG w/ dried fish
5. SPAMSILOG w/ dried fish
6. MALINGSILOG w/ dried fish
7. CORNSILOG w/ dried fish
8. BANGSILOG w/ dried fish
9. BACON w/ dried fish
10. HUNGARIAN w/ dried fish

## LUNCH/DINNER BUFFET

**(good for 150php; 1 meat, 1 veggie w/ fruits & bottled water)**

**CHOICES:**

PORK	BEEF	FISH	CHICKEN	FRUITS	VEGGIES
Pork Menudo	Beef Steak	Fried Fish	Fried Chicken	Lakatan	Pinakbet
Pork Giniling	Beef Pepper Steak	Fish Fillet w/ tartar sauce	Chicken Afritada	Poncan	Inabraw
Pork Afritada	Beef Bagis	Sweet & Sour Fish Fillet	Chicken Pineapple	Apple	Mix Veggies
Pork Chicharon	Beef Caldereta	Bangus Ala Pobre	Chiucken BBQ	Klat-klat	Chopsuey
Pork Steak	Beef w/ broccoli	Pinaputok na bangus	Chicken Cordon Blue	Water melon	Sayote guisado
Pork Pepper Steak	Beef w/ ampalaya	Relyenong Bangus	Chicken Fingers	Melon	Beans Guisada
Breaded Pork	Beef w/ mushroom	Fish Steak	Chicken Pastel		Okoy (kamote/kalabasa)
Grilled Pork			Chicken Adobo		
Igado					
Sisig					
Pork Humba					

## LUNCH/DINNER BUFFET

(good for 200php: 1 meat, 1 fish, 1 veggie w/ fruits & bottled water)

**CHOICES:**

PORK	BEEF	FISH	CHICKEN	FRUITS	VEGGIES
Pork Menudo	Beef Steak	Fried Fish	Fried Chicken	Lakatan	Pinakbet
Pork Giniling	Beef Pepper Steak	Fish Fillet w/ tartar sauce	Chicken Afritada	Poncan	Inabraw
Pork Afritada	Beef Bagis	Sweet & Sour Fish Fillet	Chicken Pineapple	Apple	Mix Veggies
Pork Chicharon	Beef Caldereta	Bangus Ala Pobre	Chlucken BBQ	Klat-klat	Chopsuey
Pork Steak	Beef w/ broccoli	Pinaputok na bangus	Chicken Cordon Blue	Water melon	Sayote guisado
Pork Pepper Steak	Beef w/ ampalaya	Relyenong Bangus	Chicken Fingers	Melon	Beans Guisada
Breaded Pork	Beef w/ mushroom	Fish Steak	Chicken Pastel		Okoy (kamote/kalabasa)
Grilled Pork			Chicken Adoba		
Igado					
Sisig					
Pork Humba					

**LUNCH/DINNER BUFFET**

**(good for 300php; 2 meat, 1 fish, 1 veggie w/ fruits & bottled water)**

**CHOICES:**

PORK	BEEF	FISH	CHICKEN	FRUITS	VEGGIES
Pork Menudo	Beef Steak	Fried Fish	Fried Chicken	Lakatan	Pinakbet
Pork Giniling	Beef Pepper Steak	Fish Fillet w/ tartar sauce	Chicken Afritada	Poncan	Inabraw
Pork Afritada	Beef Bagis	Sweet & Sour Fish Fillet	Chicken Pineapple	Apple	Mix Veggies
Pork Chicharon	Beef Caldereta	Bangus Ala Pobre	Chiucken BBQ	Klat-klat	Chopsuey
Pork Steak	Beef w/ broccoli	Pinaputok na bangus	Chicken Cordon Blue	Water melon	Sayote guisado
Pork Pepper Steak	Beef w/ ampalaya	Relyenong Bangus	Chicken Fingers	Melon	Beans Guisada
Breaded Pork	Beef w/ mushroom	Fish Steak	Chicken Pastel		Okoy (kamote/kalabasa)
Grilled Pork			Chicken Adobo		
Igado					
Sisig					
Pork Humba					

*\*\*\*Note: Some ingredients such as fish, fruits and vegetables used by the Catering Services are sources and produced by University production projects*

PREPARED BY:

*Irene Santiago*  
**IRENE S. SANTIAGO**  
*University Catering Operations Staff*

Certified True and Correct:

*JAY-AR A. DE MAYO, DBA*  
*Director, Business and Auxiliary Services*

## SNACKS MENU

### GOOD FOR 80PHP

1. Canton
2. Sotanghon Guisado
3. Bihon

A. KAILA

### GOOD FOR 100PHP

1. Canton *w/ puto*
2. Sotanghon *w/ puto*
3. Bihon *w/ puto*

B. KAILA *w/ puto*

## LUNCH/DINNER BUFFET

**(good for 150php: 1 meat, 1 veggie w/ fruits & bottled water)**

**CHOICES:**

PORK	BEEF	FISH	CHICKEN	FRUITS	VEGGIES
Pork Menudo	Beef Steak	Fried Fish	Fried Chicken	Lakatan	Pinakbet
Pork Giniling	Beef Pepper Steak	Fish Fillet w/ tartar sauce	Chicken Afritada	Poncan	Inabraw
Pork Afritada	Beef Bagis	Sweet & Sour Fish Fillet	Chicken Pineapple	Apple	Mix Veggies
Pork Chicharon	Beef Caldereta	Bangus Ala Pobre	Chiucken BBQ	Kiat-kiat	Chopsuey
Pork Steak	Beef w/ broccoli	Pinaputok na bangus	Chicken Cordon Blue	Water melon	Sayote guisado
Pork Pepper Steak	Beef w/ ampalaya	Relyenong Bangus	Chicken Fingers	Melon	Beans Guisada
Breaded Pork	Beef w/ mushroom	Fish Steak	Chicken Pastel		Okoy (kamote/kalabasa)
Grilled Pork			Chicken Adobo		
Igado					
Sisig					
Pork Humba					

**LUNCH/DINNER BUFFET****(good for 200pho; 1 meat, 1 fish, 1 veggie w/ fruits & bottled water)****CHOICES:**

PORK	BEEF	FISH	CHICKEN	FRUITS	VEGGIES
Pork Menudo	Beef Steak	Fried Fish	Fried Chicken	Lakatan	Pinakbet
Pork Giniling	Beef Pepper Steak	Fish Fillet w/ tartar sauce	Chicken Afritada	Poncan	Inabraw
Pork Afritada	Beef Bagis	Sweet & Sour Fish Fillet	Chicken Pineapple	Apple	Mix Veggies
Pork Chicharon	Beef Caldereta	Bangus Ala Pobre	Chiucken BBQ	Klat-klat	Chopsuey
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## LUNCH/DINNER BUFFET

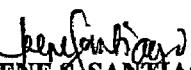
(good for 300php; 2 meat; 1 fish, 1 veggie w/ fruits & bottled water)

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