



Republic of the Philippines
TARLAC AGRICULTURAL UNIVERSITY
Camiling, Tarlac

COLLEGE OF EDUCATION

NARRATIVE REPORT ON GENDER SENSITIVE HEALTH OUTREACH IN TELBANG

The gender Sensitive Health Outreach in Telbang aimed to address important health issues in the community focusing on senior health, early childhood nutrition, and effective hygiene and nutrition practices. The goal is to empower people and families to maintain improved health habits by offering knowledge and tools as good hygiene and proper nutrition which are essential to stopping the spread of infections. This outreach serves to both meet short-term health requirements and promote long term health in a variety of age groups, so strengthening our shared goal of creating a healthy community.

The outreach program followed a flow of program starting from the registration, opening proper through prayer led by a BTLED IV student and singing of the national anthem. The barangay captain of Telbang gave his opening remarks as part of the program. Ms. Emily Aquino then gave the overview of the activity to the participants/beneficiaries of the activity conducted.

Prof Judith Espiritu, one of the speaker delivered her talk Good Nutrition Practices which focused good practices for good nutrition especially for the Day care pupils where their parents were involved. It was followed by the discussion of BTLED students on Effective Hygiene Practices with Demonstration, where the students demonstrated different hygiene practices and other notable things related to good hygiene. Tackled also was the importance of the good hygiene involving the first topic tackled which is the good nutrition, where the two are connected to each other.



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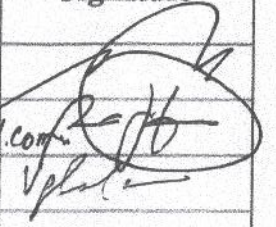
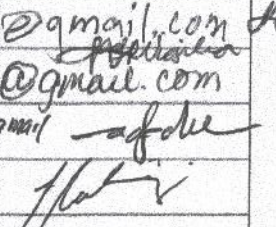
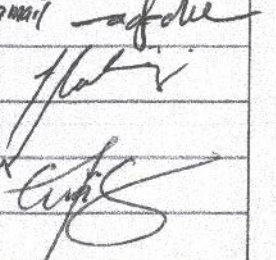




DEPARTMENT OF EXTENSION AND TRAINING

ATTENDANCE SHEET

ACTIVITY: _____
VENUE: _____
DATE: NOVEMBER 15 2024

Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
	F	M					
CIPRIANO L. BACANI		/		BRGY. CAPTAIN	0915 824 5655		
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VALENTINO G. SOLOMON		/			09701864668		
GLORIA G. QUITA	/						
MERWYN S. DULDULAO	/				09342916412	merwyndululao@gmail.com	
MYLENE R. VIGILIA	/				09816780574	MYLENE VALERA 24@gmail.com	
ANA D. PABLO	/				0966-830-7110	annedululao27@gmail.com	
DOMINADOR G. RAMANICIO JR		/			09701799823	dominadorramanicio@gmail.com	
DANIEL J. BERNABES	/			BRGY. TREASURER	09304413730		
DARLYN V. CURESMA	/			BRGY. SECRETARY	0945178331	DARLYN CURESMA@GMAIL.COM	
	/						



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Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
	F	M					
Nyla Licud	/		Brgy. Telbang	Student	0962 4640038		
Danding Q. Cuaresma		/	Brgy. Telbang	Parent	0977 4992216		metoprolol - high blood pressure vitamin - high blood sugar
Sabia Duldulao	/		Brgy. Telbang	Parent	0		
Brenda B. Villanueva	/		Brgy. Telbang	Parent	09566754351		
Lia Joy B. Majia	/		Brgy. Telbang	Student	09166721995		
Clarita M. Baguirtan	-		Brgy. Telbang	Senior	09166721995		Multi-Vitamins with Iron
Gloria G. Quins	/		Brgy. Telbang	S.C.	09382472424		
Ana D. PARLO	/		Brgy. Telbang	S.C.	0966-870-7110		
Roberto S. PARLO		-	Brgy. Telbang	S.C.	.		
Gloria S. PARLO	-		Brgy. Telbang	S.C.	.		
Domina don. S. PARLO		-	Brgy. Telbang	S.C.	0966. 870-7110		
Carmencita Belacio					09183527571		Nesipitanen - stroke lularian -
Leonora L. Quins					09955908152		Cinacresin - anemic
Flordelisa Lambinacio							
ROLAND QUINES		/			09266117025		Multi-Vitamins with Iron Paracetamol



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Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
	F	M					
Nyla Licud	/		Bray Telbang	Student	09624640038		
Danding Q. Cuaresma		/	Bray Telbang	Senior	09774992216		Metoprolol - High blood 50mg - Vitamin
Sabra Duldulao		/		Parent	"		
Brenda B. Villanueva	/			Parent	09566754351		
Zia Jac B. Majia	/			Parent	09166721995		
Clarita M. Baguistan	/			Senior	09166721995		Multi-vitamin with Iron
Gloria G. Quota	/			Senior	09383472426		
Ana D. Pablo	/				09668707110		
Roberto S. Pablo		/			"		
Gloria S. Pablo	/				"		
Dominador S. Pablo		/			09668707110		
Carmencita Gelacio	/				09183527571		Nepecitamen - stroke losartan
Leonora L. Quines	/				09955908152		Cinacilin - anemia
Flordelisa Lambinecio	/				"		
Roland Quines		/		Parent	09266117025		Multi-Vitamins

Form Code:

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	Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
		F	M					
1.	Jefferson Villanueva		✓	Brgy. Telbang	Student			
2.	Donnabelle Villanueva	✓		Brgy. Telbang	Student			
3.	Azzhiechia Lapitan	✓		Brgy. Telbang	Student	09919862163		
4.	John Carlo Lapitan Jr.	✓	✓	Brgy. Telbang	Student	09919862163		
5.	Camille Coma	✓		Brgy. Telbang	Student	09707838519		
6.	Mika Rose Coma	✓		Brgy. Telbang	Student			
7.	Maribel Villanueva	✓		Brgy. Telbang	Parent	09919862163		
8.	JOSEPHINE MOLANO	✓		Brgy. Telbang	Parent	09624640038		Josephine Molano
9.	Jennelyn Bulang	✓		Brgy. Telbang	Parent	09100829880		Jennelyn Bulang
10.	Flores Nasilang	✓		Brgy. Telbang	Parent			Flores L. H.
11.	GLORIA R. SARCAN	✓		Brgy. TELBANG	Parent			Gloria Sarcana
12.	MERCEDES M. COMA	✓		Brgy. Telbang	Parent	09703838579		Mercedes Coma
13.	VIOLETA MOLINA	✓		Brgy. Telbang	Parent			
14.	LEDNIDA CAMPOS	✓		Brgy. Telbang	Parent			
15.	Amelia Quines	✓		Brgy. Telbang	Parent			Amelia Quines
16.	Nora Mendoza Agustin	✓		Brgy. Telbang	Parent			Nora Mendoza Agustin
17.	Francisco A. Bindon		✓	Brgy. Telbang	Parent			Francisco A. Bindon
18.								
19.								

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Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
	F	M					
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Zheinne Eadelle S. Duldulao	✓		Brgy. Telbang	Student	09100829880		
Zaina Allison S. Fernandez	✓		Brgy. Telbang	Student	09094802957		
Pradelita Marcelino	✓		Brgy. Telbang	Senior	n/a		
Daniela Dapitan	✓		Brgy. Telbang	Senior	09284841495	Locantan	
Victorina Quilala	✓		Brgy. Telbang	Senior	0985125928	Cocantan	
Gilina							
Cita Gotay	✓		Brgy. Telbang	Senior	n/a	Mefanamic / for asthma	
Stela Santos	✓		Brgy. Telbang	Senior	n/a	Paracetamol / mu	
Zenaida Digos	✓		Brgy. Telbang	Patent	09100065010		
Elena Buting	✓		Brgy. Telbang	Senior		Locantan	
Violita Malina	✓		Brgy. Telbang	Senior		Premisol / Aluminum /	
Lonida Campos	✓		Brgy. Telbang	Senior		Vitamin	
Remedios Villa	✓		" "	Senior	09874639210	Locantan	
ROCELIO QUINES		✓	" "			PARACETAMOL	



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Name (in print)	SEX		Address/ Agency	Position/Designation/Occupation	Contact Number	Email Address	Signature
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Gabriel, Vaneza M.	✓			student	09318278468	vgabriel210833@tau.edu.ph	
Acero, Mia Estephannie G	✓			Student	09156895928	macero210787@tau.edu.ph	
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